

WORKSHOPS

Making Meetings Better and Presentation Skills Workshop

This workshop will enable people to be more involved in meetings and really have a say.

The workshop will be held on Monday 12th September, 9.30 – 11.30am.

Finding a Job Workshop

This workshop will help people explore 'getting a job'.

The workshop will be held on Monday 31st October, 9.30 – 11.30am.



Look After Your Money

This workshop will cover keeping your money safe and sensible spending.

The workshop will be held on Monday 5th December, 9.30 – 11.30am.



There is no charge for these workshops.

The workshops will take place at the It's My Life office at 1 Bolton Place, Newbury, Berkshire, RG14 1AJ. Places are limited, so please book early. Call Maggie on 01635 36044 to book a place.

New Lunch Club dates

Wednesday 21st September 2011 at the George and Pelican

Thursday 27th October 2011 at The Swan Thatcham

Committee members needed

It's My Life is a local self advocacy network who share experiences and support each other. The members learn about their rights and listen to what people with learning disabilities say. The group can then speak up to local services about what is important to the learning-disabled community.

Its My Life are ***user led***. This means that members are involved in everything we do and make all the big decisions.

Would you like to be part of the It's My Life Committee?

The committee will meet at least 6 times a year and the meetings will last about 2 hours. We are looking for people to fill the following posts:

Chair Person, Secretary, Treasurer and general committee members.

The committee members will be elected by the It's My Life members and the new committee will form after our Annual Presentation in October 2011.

For a nomination form to become a committee member, please call Maggie on 01635 36044 or download a form from our website www.itsmylifewestberkshire.org.

Next Pub Club dates

Please check the website www.itsmylifewestberkshire.org or give us a call on 01635 36044 for the pub club dates.



Other news

Many thanks to the Francis de Sales Church who have kindly donated £65 to It's My Life.
